



Your name and city	Helen Arfvidsson, City of Gothenburg
Target city and focus of your study visit (i.e. what organisations, interventions, people are involved)	Visit to the Community School in Rotterdam with Roger and Andrea. Also a bonus guided tour of the City Hall.
Study visit aims – what did you hope to achieve for your city?	Inspiration and good practices in terms of coaching methods.
Timescales of the activity	15 th of January 2010
How have you recorded the experience and learning points from the study ?	Diary entries from the trip and photos.
What are the key lessons you have learned from this experience?	To use an integrated approach of coaching; the importance of coaches with a wide range of competences; the need to coach the coaches; and the necessity of an overall informal setting when coaching.
What tips would you give other MG partners from this experience?	Visit one of the partners you have already established contact with in order to strengthen this relationship and develop it further. Try to make the study visit a mutual exchange of ideas and sharing of experiences.
What actions will you take when you get back home based on this study visit?	Distribute the acquired ideas in terms of coaching and guidance.
Any other comments?	Thank you Roger and Andrea!

