



# Healthy Cities and Sustainable Housing

C3 –

**BHC Building Healthy Communities & SUITE The Housing Project**



Quality of life in cities entails the ‘health’ aspect



in integrated urban regeneration  
and urban development policies

**Strong links!**

- The triangular challenge

(Social) Housing –  
financially, socially and environmentally  
sustainable?



# SUITE Housing – Challenges ?

- **Demographic** challenge and changing life careers
- Crisis of '**affordability**', poverty trap
- Instability of markets
- Social challenge:  
**inequality** in access to housing  
downward spirals in the stock
- Impact on **climate** change





## Constraints:

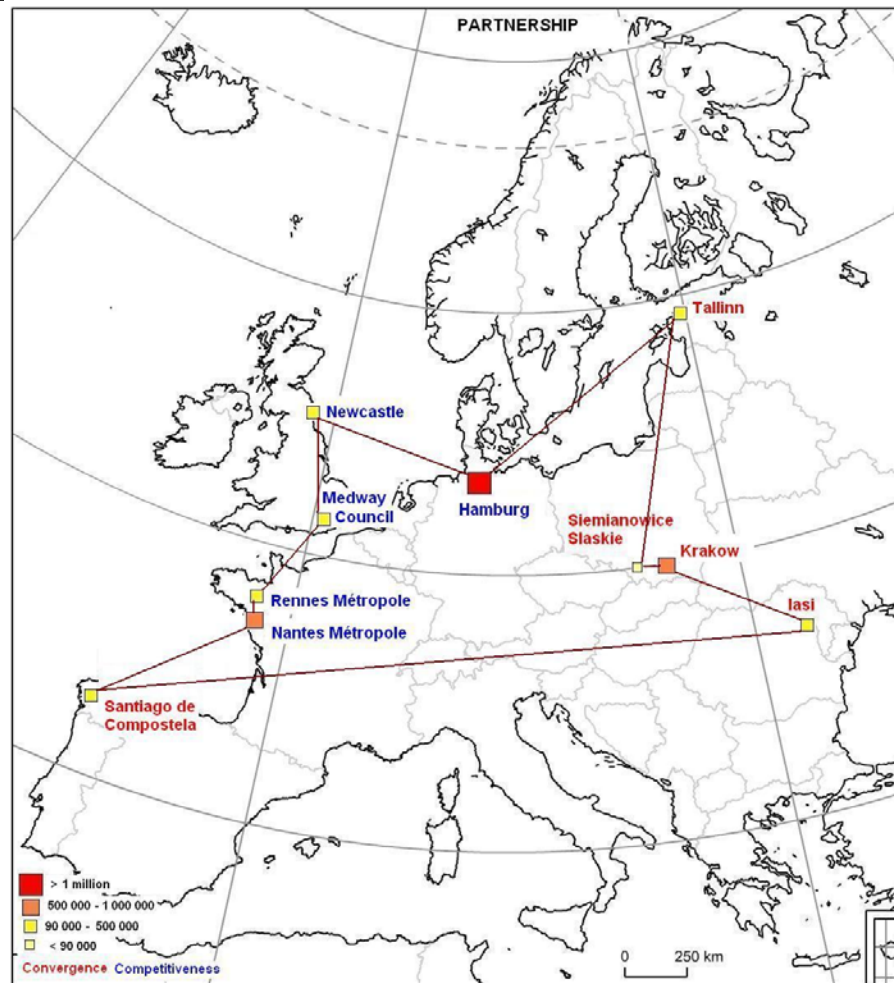
- The **scope of action** and intervention for cities in housing policy
- **Weak links** within the broad field of actors (inside and/or outside the municipalities)
- **Lack of integrated plans** (employment, social issues, environment, housing)

Improvement of the **steering ability** of local authorities.

Studying the **'social mix'** tool.

**Financing tools and programmes** are central, plus an appropriate **subsidy policy**.

Good examples of broad **involvement** of local actors, partnerships



# BHC - Challenges

- ✘ Health and health related issues have a deep impact on the quality of life of European citizens
- ✘ This is especially true in cities
- ✘ There are important links between health and economic prosperity and the integration of health in all policies (*“Together for Health: A strategic Approach for the EU 2008-2013”*)

# BHC - Objectives

The Building Healthy Community (BHC) Thematic Network focuses in **creating opportunities for cities to shape healthy policies for their citizens** by:

- a) sharing knowledge and competences among partner cities;
- b) co-operating with the Regional Managing Authorities of the relevant EU Structural Funds (being the Network a Fast Track);
- c) investing in a bottom-up approach that leaves the decision-making process in the hands of Local Support Groups, while providing the support, methodology and toolbox to design the Local Action Plans.

# BHC - The partnership

## CORE PARTNERSHIP

Torino LP  
Amaroussion  
Belfast  
Lidingo  
Lodz

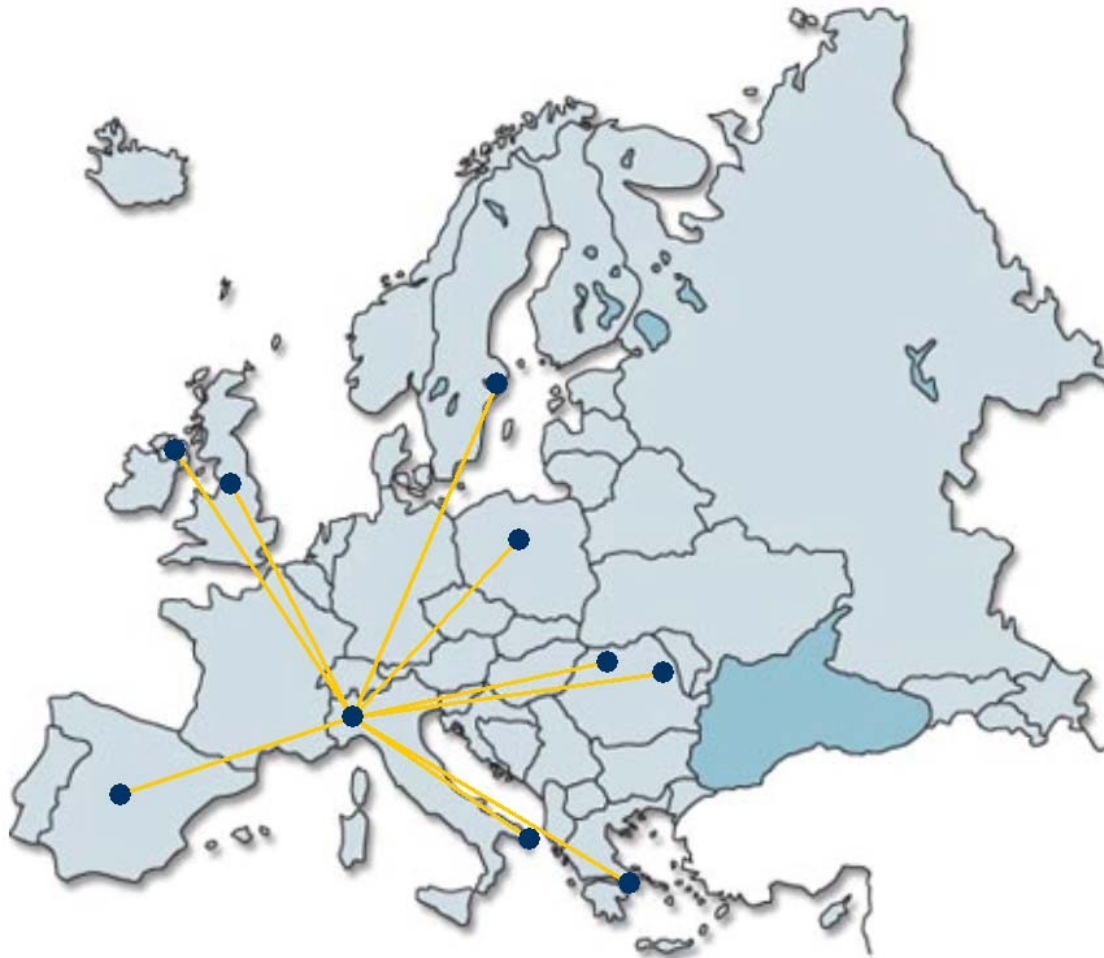


## ENLARGED PARTNERSHIP

Bacau  
Baia Mare  
Barnsley  
Lecce  
Madrid

50% convergence + 50% competitiveness + geographical balance

# BHC - The partnership



## PHASE I TOPICS

- Health Impact Assessment and Urban Health Indicators
- Healthy and Active Ageing
- Use of Structural Funds in developing "health gains"
- Healthy Places and Healthy Environments

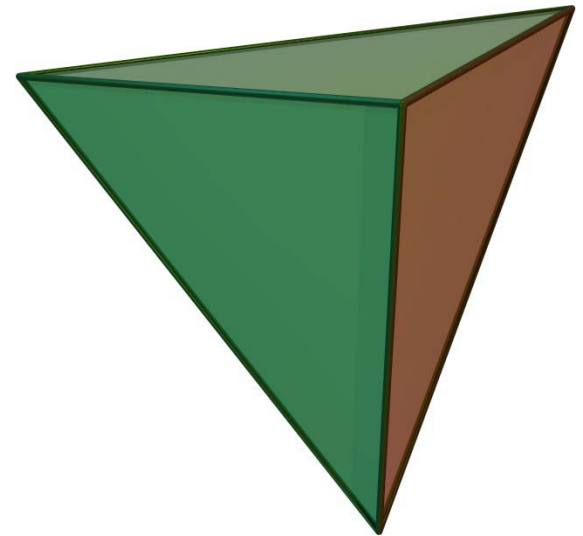
# BHC - From Phase I to Phase II: the process

- ② Active participation of DG SANCO, DG REGIO and Managing Authorities
- ② Re-elaboration and development of the themes to mirror priorities, needs and challenges of the extended partnership better
- ② “Clustering” and reorganisation of the themes in order to define an effective project structure

- The **methods:**

based on a **triangle of thematic work** - coordinated by thematic working groups, integrating thematic meetings and a local-international process of mutual enrichment,

culminating at a **synergy** level at the top of the **pyramid.**



*'Grounded' –*

*how to arrive at tangible results:*

- An **integrated** view, link expertise and implementation level, running local programmes and projects
- **ERDF** for housing **for the first time!**
- **Three level** outputs – local, national, European
  - Local Action Plans,
  - good practice catalogue,
  - recommendations
- During the **lifetime!** Thematic reports, sheets, discussion on criteria





- *Cost reduction?*
- *In the stock, in new construction?*
- *Social mix, but including tailored offers?*
- *Mainstreaming high environmental quality?*
- *Flexible programmes including a participation-/cooperation-, financing-, time-schedule ?*

## Theme 1

### Indicators and Criteria for a Healthy Sustainable Urban Development

Two interrelated important fields that need to be better known:

1. the relationship among recent transformations, health and quality of life in cities and the promotion of a sustainable approach to urban development;
2. the capacity to measure this relationship, in order to monitor, assess and evaluate changes and policies that address these challenges.

## Theme 2

### Healthy Sustainable Lifestyles

- ⊕ More sustainable lifestyles can positively influence life conditions and promote a healthier way of living in urban areas.
- ⊕ To tackle major health determinants constitutes a great potential for reducing the burden of the social and economic disease.

## Theme 3

### Use of Structural Funds in Developing “Health Gains”

- ⊕ A transversal issue which affects all the others and helps to point each city Local Action Plan in the right direction.
- ⊕ This theme focuses on capacity building on the use of Structural Funds in relationship with health issues.

# BHC – Phase II: how will it work





- For us: On your marks, get set...!
- For you: Give us hints! Articulate your doubts and questions!

**Merci Thanks Gracias Grazie Danke mulțumesc**  
**Obrigado dziękuję Ευχαριστώ tänan kiitos köszönöm aciu**  
**nizžik ħajr dank u wel**

**Takk dziękuję dakujem hvala**

**Tack děkuji paldies**

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**Belén Mendoza LP / Heidrun Feigelfeld LE**



# BHC Building Healthy Communities & SUITE The Housing Project

- **Picture credits:**

SUITE -

- Heidrun Feigelfeld, LE, SUITE project – partner visits 2008, and private.
- Kabelwerk Bauträger GmbH, Wien (sheet 15).
- Bike City Wohnservice Wien / [www.studiohuger.at](http://www.studiohuger.at) (sheet 15)
- Map: Adeline Guillet, Nantes Métropole, SUITE project 2008.
- Tetrahedron: [www.wikipedia.com](http://www.wikipedia.com)
- Logo: Project SUITE, Santiago de C., 2008.