



EU CITY LAB ON LOCAL FOOD SYSTEMS #1

Changing Habits for a Healthy and Sustainable Food System

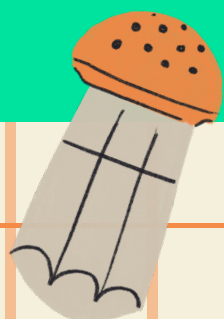
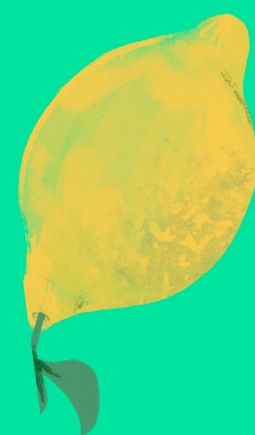
Mouans-Sartoux, France
21-22 March 2024

URBACT



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20 March 19.00-21.00: Let's m-eat!
Get to know your fellow colleagues

Thursday 21 March

08.30-09.30: Welcome breakfast
Registrations & informal networking 

09.30-09.45: A look at the menu of discussions for the two days

09.45-10.15: A systemic approach to local food transition: the IPES-Food framework

10.15-10.45: The European landscape on food

10.45-11.30: Mouans-Sartoux's recipe for more sustainable food habits



11.45-13.00: Spicing up the menu
More good practices across Europe



14.30-17.30: Time to burn calories!
Walkshops to Mouans-Sartoux's farm, school canteens, food education space, urban garden

19.00: 



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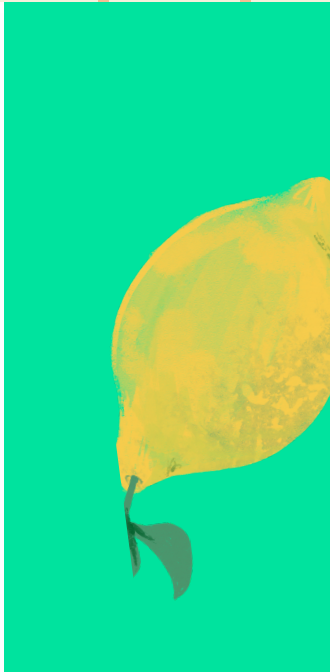
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Friday 22 March

08.30-09.30: Welcome breakfast
Registrations & informal networking 

09.30-09.45: What's in our basket?
Debrief from day 1 debates/site visits

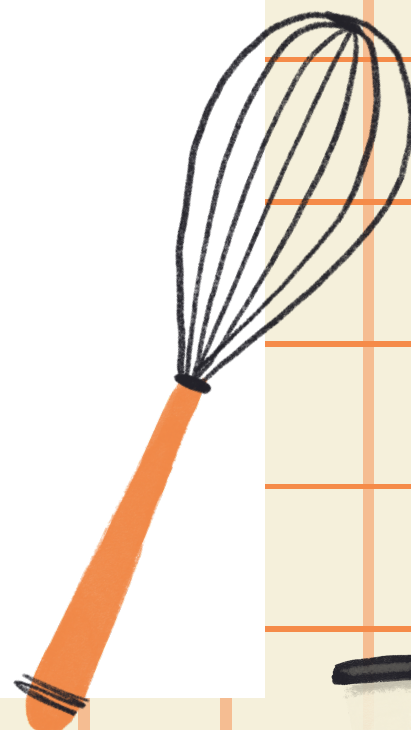
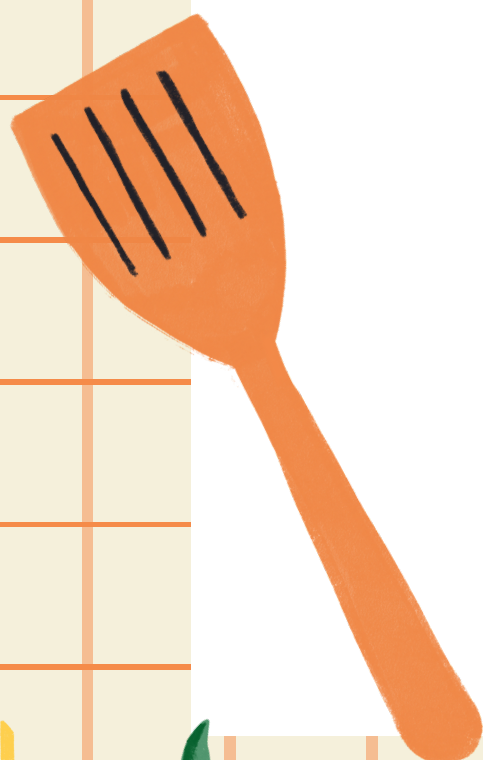
09.45-11.30: Mixing up the ingredients
Spotlight on approaches,
tools and methods for better food habits



11.45-12.45: Filling in the doggy bag:
What to bring back home



12.45-13.00: The cherry on the top
Next networking & funding opportunities



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What to expect?

A deep dive to Mouans-Sartoux's practices

Not a conference!

A safe space for discussions and knowledge sharing amongst 80 participants

Inspiration, practices and tools to test back home

Discussions with:

Representatives from different European cities

Farmers

Staff from school canteens

Chefs

Elected officials working on the topic



How to participate?

**Register here
by 7 March!**



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Milk