



EU CITY LAB ON LOCAL FOOD SYSTEMS #1

Changing Habits for a Healthy and Sustainable Food System

MOUANS-SARTOUX (FR), 21-22 MARCH 2024

Moderators:
Marcelline Bonneau, François Jégou

20 March 19.00-21.00 Let's m-Eat!
Get to know your fellow colleagues

Thursday 21 March

08.30: Welcome breakfast, registrations & informal networking



09.30: A look at the menu of discussions for the two days ahead

Jenny Koutsomarkou, URBACT Joint Secretariat
Municipality of Mouans-Sartoux

09.45: A systemic approach to local food transition: the IPES framework

Roxana Maria Triboi, Researcher and consultant on food planning and policy

10.15: The European landscape on food

Elisa Porreca, UAEU Food Partnership coordinator (Milan, IT)

Roxana Maria Triboi, Researcher and consultant on food planning and policy

Municipality of Mouans-Sartoux

10.45: Mouans-Sartoux's recipe for more sustainable food habits

Gilles Perole, Deputy Mayor of Mouans-Sartoux



11.45: Spicing up the menu

More good practices from across Europe

Milan (IT)
Cork (IE)

Liège (BE)
Lille (FR)

Roeselare (BE)
Lyon (FR)



14.30: Time to burn calories!

Walkshop in Mouans-Sartoux:
municipal farm, school canteens,
collective gardens,
social grocery store and more

19.00:



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Friday 22 March

08.30: Welcome breakfast, registrations & informal networking



09.30: What's in our basket?
Debrief from day 1

09.45: Mixing up the ingredients
Spotlight on approaches,
tools and methods for better food habits

Milan (IT) Liège (BE) Mouans-Sartoux (FR)
Cork (IE) Lille (FR) Lyon (FR) Roeselare (BE)

11.45: Filling in the doggy bag:
What to bring back home?

12.45: The cherry on the top
Next networking & funding opportunities

Reyhaneh Yeganeh, European Urban Initiative

13.00:



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What to expect?

**A deep dive to Mouans-Sartoux's
practices**

Not a conference!

**A safe space for discussions and
knowledge sharing amongst
participants**

**Inspiration, practices and
tools to test back home**

Discussions with:

**Representatives from different
European cities**

**Staff from school
canteens**

Chefs

**Elected officials
working on the topic**

How to participate?

Register here!

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