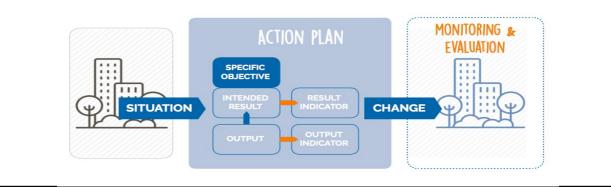**MUNICIPALITY OF RIETI _ INTEGRATED ACTION PLANS PRODUCED IN THE VITAL CITIES PROJECT**

1. Action Plan title – **Urban sports promotion for social inclusion, healthy and active living**

2. Name of the Partner Institution – **Municipality of Rieti**

3. Introduction

The coverage of the Local Action Plan is mainly focussed on the urban territory. Coerently with the administrative program of Rieti municipality, the **main goal is** to enhance the **general urban quality of life**. To achieve this goal, the specific objectives have to be identified within the PAL. The Description of how the action plan was developed with the partners is encoded in the structuring of Urban Local Groups

The ULG has been managed by a project manager with the task to coordinate the stakeholders gathered together in **five tables of work** . The composition of focus group has been characterized by policy makers, big business associations, officer public end economic operators. The coordination of focus grup has been garanteed with the aim of Industrial consortium, Municipality Agency for waste and energy (ASM Rieti), Local Hospital of Rieti (AUSL) and officer of Rieti Municipality. The working method of the ULG in preparing the IAP has been

The Problems in the use of this metodology to design IAP has been:

 - Convergence in the definition of the problems

- Sharing in the location of the Objctives

- Governance of brainstorming approach

- Founding research for IAP

The Focus groups of ULG have performed 16 meetings to set up some specific objectives as :

1.   IMPROVE the REACHABILITY AND THE USE OF THE CENTRAL ENVIRONMENTAL AND CULTURAL SYSTEM;

Strategy 1.1: induce centripetal movements in the inhabitants by means of an offer to environmental quality;
1.1.1   Action: Environmental   requalification   central   echo   stretch-river   system   of   Velino
1.1.2   Action: extension of the mobility of 'sweet existing network by means of realization of a comb pedestrian system with respect to the central environmental dorsal;
1.1.3   Action: local public transport enhancement to bring the farthest suburbs;

Strategy 1.2: induce centripetal movements in the inhabitants by means of an offer of quality cultural services;
1.2.1 Action: promotion of 'underground Rieti system'
1.2.2 Action : Establishment of a 'system in Rieti area

2.   INCREASE SOCIAL INCLUSION

Strategy 2.1: promote physical activity in vulnerable groups - the elderly and children;
2.1.1 Action: spreading over the soft mobility network of street furniture with appropriate density;
2.1.2 Action: integrating along the soft mobility network of local services and recreational activities;
2.1.3 Action: establish Pedibus service in all primary schools;

Strategy 2.2: promote physical activity in the social strata with lower incomes;
2.2.1   Action: equip the green areas of the city freely available space for the practice of the most popular   sports;
2.2.2 Action: Agree with the Social Services of a relief program

Strategy 2.3: promote physical activity in disadvantaged population groups;
2.3.1   Action: launch a program for the elimination of architectural barriers along the soft mobility network;
2.3.2 Action: facilitate and follow up the establishment of associative entities that activate experiences like 'Social Soccer'

3.   DISSEMINATE THE CULTURE OF WELL-BEING

Strategy 3.1: sensitize people towards widespread physical activity
3.1.1 Action: initiate coordinated programs of amateur of sports, to play along Velino, visible to all;
3.1.2 Action: begin systematically thematic projects in schools;
3.1.3   Action: begin of communication and education programs on "car free" benefits;

Strategy 3.2: sensitize people towards healthy eating
3.2.1   Action: initiate coordinated programs of food and wine events for the promotion of local products; 3.2.2 Action: launch thematic projects in schools
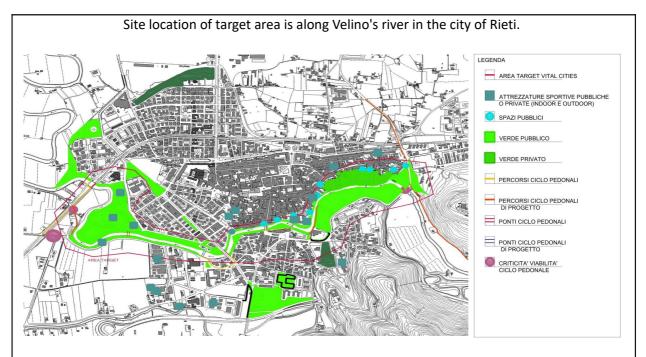
4.   **DEVELOPMENT OF VELINO'S AREA**

Strategy 4.1: Urban layout and plannig

4.1.1 Action: initiate coordinated programs of amateur sports, to play along Velino

4.1.2 Action: cut a deal with Italian State to value velino's park and the near historical center. The previous program, with its integrated and strategic nature, foresees as core intervention the realization of the ENVIRONMENTAL CENTRAL SYSTEM along the Velino.

4.1.3 Action: promotion of green economy and the physical and social reconnection of peripheral areas of the city whose inhabitants would be given the chance to reach the ENVIRONMENTAL CENTRAL SYSTEM.

4.1.4: Action: improve the attractiveness of eco-tourism in the city of Rieti. The sport physical activity must become common practice in leisure and in performing normal daily activities, enjoyed by all ages and from all walks of life, with the purpose of training for youngsters and prevention for those over 60.

4.   Description of the target area and justification why the target area was selected for the project

Site location of target area is along Velino's river in the city of Rieti.

LEGENDA

AREA TARGET VITAL CITIES

ATTREZZATURE SPORTIVE PUBBLICHE O PRIVATE (INDOOR E OUTDOOR)

SPAZI PUBBLICI

VERDE PUBBLICO

VERDE PRIVATO

PERCORSI CICLO PEDONALI

PERCORSI CICLO PEDONALI DI PROGETTO

PONTI CICLO PEDONALI

PONTI CICLO PEDONALI DI PROGETTO

CRITICITA' VIABILITA' CICLO PEDONALE

Velino's River is central in the municipality of Rieti and it is a natural link between the suburban areas and historical center of the city. For this reason the administration has signed an important agreement with Italian State to development the Target Area through " APQ_Rieti 2020" project .

1. Partner details

Name of the organisation (ENG)
Comune di Rieti
Type of the organisation: ✓ **local authority**
                               □ **other, please specify:**
Country
Italy
Region (NUTS 3)
Lazio

2. Governance Profile

Political decision making structure
Mayor - City Counsil
Administrative structure
7 Departments leaded by Manager
Experience in running public private partnerships
Development Committee composed by Rieti Municipality, Trade Unions, Trade associations, Industrial Consortium of Rieti
Experience in the design and implementation of projects using EU funds

1. Peaceful European SParrows and RINOCEROS: St. Pierre les Elbeuf, RIeti and NOrdhorn Cooperation in Europe for Reciprocal Opportunities and Success (SPRINO) - Europe for citizens programme – Town Twinning- Applicant;

2. DESK@ICT- DEVOLOPING SKILLS IN INFORMATION AND COMMUNICATION TECHNOLOGIES- LLP programme – partner;

3. CYTY – Creative Youth for the city - ERASMUS + - Applicant

4. POR FESR 2007-2013 PLUS – (Local Urban development Plan)- project: Rieti, fare centro fare città.

3. Short description of your city highlighting the key characteristics

SHORT HISTORIC OVERVIEW

Rieti is a city in **Lazio**, central Italy, It is the capital of **province of Rieti**. The town centre rests on a small hilltop, commanding a wide plain at the southern edge of an ancient lake. The area is now the fertile basin of the **Velino River**. Only the small Ripasottile and Lungo lakes remain of the original large one. *Reate* was originally a major site of the Sabine nation. After the Roman conquest, carried out by Manius Curius Dentatus in the late 3rd century BC, the village became a strategic point in the early Italian road network, dominating the "salt" track (known as Via Salaria) that linked Rome to the Adriatic Sea through the Apennines. Curius Dentatus drained a large portion of the lake by making the Velino a distributary of the Nera river. The wide area once occupied by the lake turned into a fertile plain. Following Roman customs, the land was split into characteristic square allotments. The town itself underwent significant development, being re-organised according to typical Roman urbanistic standards (e.g., two orthogonal roads make up the settlement's backbone), and was fortified with strong walls. A stone bridge was laid across the Velino river, and a large viaduct was built to bring goods from the Salaria road directly to Rieti's southern door. Roman Reate receives a number of mentions in Latin literature, thanks to its flourishing soil, its valued assets, and some peculiarities of the surroundings (such as wandering islands and hollow-subsurfaced fields). Cicero, for instance, describes the tensions between Reate and Interamna (Terni) following the lake drainage, and refers to the country houses (villae) that his friend Q. Axius owned in the plain.

Middle Ages_ After the fall of the Western Roman Empire Rieti suffered destruction by Barbarians, but never ceased to be an important gastaldate during the Lombard domination, as part of the Duchy of Spoleto. Under the Franks, it was county capital. It was sacked by the Saracens in the 9th and 10th century and by the Norman king Roger II of Sicily in 1149.The city was rebuilt with the help of the Roman comune, and from 1198 was also a free commune, of Guelph orientation, with a podestà of its own. As a favourite Papal seat, Rieti was the place of important historical events: Constance of Hauteville married here by proxy Emperor Henry VI(1185). Charles I of Anjou was crowned King of Apulia, Sicily and Jerusalem by Pope Nicholas I in 1289. Pope Gregory IX celebrated canonized St. Dominic in Rieti (1234).

Late Middle Ages_ After the Papal seat had been moved to Avignon, Rieti was conquered by the King of Naples, while inner struggles between Guelphs and Ghibellines broke out. In 1354 it was won back by Cardinal Albornoz, and it later became a feudal seignory of the Alfani family within the Papal States. More of the surrounding plain was drained in the following century, but this led to confrontation with the neighboring Terni. Rieti was province capital of the Papal States from 1816 to 1860.
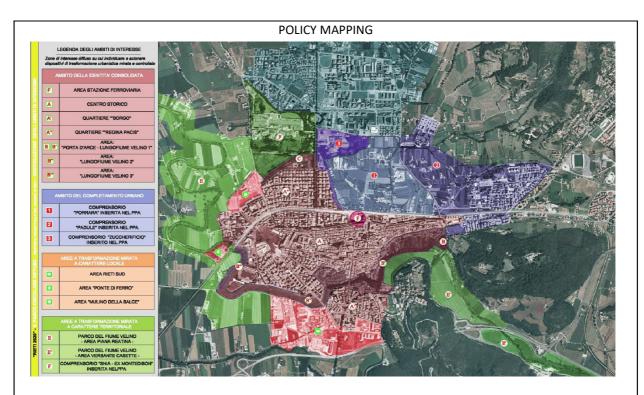
Modern Era_ After the unification of Italy, it was initially part of Umbria, being annexed to Lazio in 1923. It became the provincial capital on January 2, 1927.

KEY CHALLENGES
One of the most important challenges that the city wants to deal with is capitalizing the significant environmental and landscape heritage in order to improve the lifestyles of the inhabitants, integrating environmental quality with quality of life. The urban structure of Rieti, strongly characterized by Velino River's eco-system and by some suburban neighbourhoods, would lend itself very well to the implementation of a high environmental infrastructure network for pedestrians, and recreational activities. It could also serve the social reconnection of the suburbs to the city centre. However, many suburbs with small green areas are not well connected to the city centre. The inadequate street layout and infrastructures of the suburbs are also typical, which is discouraging physical activity. Thus, there is a strong need for equipped itineraries to connect the different existing sport facilities and green areas. In the recent years, in Rieti a bicycle route of considerable length was made: a challenge could be the completion of this infrastructure with a secondary network of pedestrian paths useful to bring the people to the Environmental and Cultural Central System (SACC). The population or Rieti is ageing, resulting in increasing health and social needs. At same time Rieti is confronting with the general impoverishment of the population with increasing inability of families to meet their primary needs, thus providing accessible opportunities for sports for the resident is more and more important in the city, both in terms of social inclusion and health prevention. To achieve this, the city is looking for means to effectively reach out to the residents living in deprived areas.
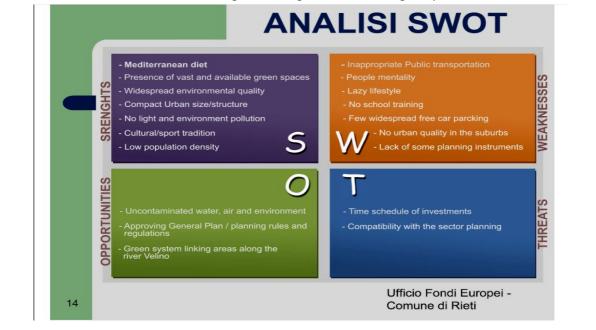
STATISTICS
Rieti is facing alarming figures in terms of health and physical activity of its residents. 31,3% of the population aged 18-69 have an active lifestyle, 34,6% practice physical activity lower than recommended and 34,1% are completely sedentary. Physical inactivity increases with age (41% in the age group 50-69) and is more common in people with low levels of education (45% of the subjects have only primary and lower secondary education) and greater economic difficulties (58%). 36% of the population of the province of Rieti composed of adults 18 to 69 years are overweight and 10% of them are obese. The 2,4% of the children are severely obese, 7,7% are obese, 23,2% overweight. Rieti has recognised the need to act, and already implemented several actions to promote wellness and outdoor activities in the city. Rieti has an urban bike-sharing service operated by the Youth Information Service of the City. The bicycle routes stretch from the city centre to the province. Also, fitness trails were created along the banks of the Velino River together with other outdoor sports facilities. Furthermore, urban trekking can be practiced and trekking maps are provided as well. In addition, there is a big Municipality Field of Athletics that guarantees free access to all young people who want to practise sport activities. It allows many disadvantaged young people - including poor and disabled ones - to be involved in sports together with their peers.

LOCAL STRATEGIES

Rieti created the "Plan for Local Sustainable Development" (ERDF 2007-2013) with which the administration has taken steps to upgrade the historical centre, including thematic tours of augmented reality for the use of artistic heritage of the city and paths for the blind. The Urban Regeneration Plan is dedicated to the city centre and comprises material actions (such as pedestrianization of the area, increase of the green spaces, increase of seating and socializing spaces, increase of public lighting systems, etc.) and intangible actions (such as increase of neighbourhood and recreational activities for the revitalization of the historical city centre, etc.). Rieti developed a "Social Renewal Plan Accompanying Infrastructure development" (PAS) in order to fasten the complementing infrastructural developments in some parts of the city with interventions supporting the social renewal process. The scope of the plan is the following: - Personal Social Services: through opening an agency for social development; - Promotion of local events: to spread a new culture of focusing on the themes of sustainability and active citizenship; - Support of training activities on issues related to environmental education, social issues, culture and tourism. The Strategies resulting from the following analysis :

5. Identification of existing problems relating to the main themes of the project in the target area

Social Problems
- General impoverishment of the population with increasing inability of the families to meet the primary needs;
- Aging of population with increasing health and social needs and increasing demand for specialists facilities also for not self- sufficient people;
- lack of facilities and services that support the family in the cure after the hospital recovery and or adults and children-in-need;
- Increased number of multi-problematic families at great risk
social exclusion of its members;
- Difficulties in integrating services, projects and social benefits both at managerial and professional level for reasons with the consequent fragmentation of interventions;
- percentage of families below the poverty line recorded a rate of 9.3%, higher than that of other provinces of Lazio;

Economic problems

- High youth unemployment rate due to the lack of availability of work and difficulties of reintegration within the labour market;
- elements of discomfort due to the functional depletion of important urban containers and monumental historical buildings, previously occupied by important local and national institutional settings or by commercial activities and craft workshops;
- crisis of companies in the electronic equipment and components for communications situated in the Industrial Core of Rieti;
    - Decreased distribution of economic resources by the state and the region to the municipalities;
    - Difficulty to make network between organizations belonging to different sectors;

Environmental problems

- No relevant problems except for the remediation of brownfields located near the centre of the city

6. Establishment and operation of the URBACT Local Group

Rieti Municipality has organized a Deep Dive event in march 2017 and a trasnational meeting in May 2017 (this event is not included in the PR2 as payments still need to be made) . Activities carried out in both events were: ULG training (moderation and facilitation skills), and IAP development, thematic workshops and master classes delivered by Ad-Hoc experts, in line with the learning needs of the Partners, steering Group meeting. Training on the Self-analysis tool for Project Coordinators and ULG Coordinators, training for the Deep Dive Experts and ULG Coordinators on the Deep Dive methodology, Match-making workshop: presentation of the inventory of good practices. The ULG has been managed by a project manager with the task to coordinate the stakeholders gathered together in **five tables of work** . The composition of focus group has been characterized by policy makers, big business associations, officer public end economic operators.

The coordination of focus grup has been garanteed with the aim of Industrial consortium' Agency, Municipality Agency for Waste and Energy (ASM Rieti), Local Hospital of Rieti (AUSL) and Europen Fund Office of Rieti Municipality.

Rieti Municipality members took part to all the transnational activities organized in 2016 / 2018 period:

1. Three members of Rieti Municipality (2 officials of European funds office and 1 political representative) attended the Kick off Meeting, organised in July 2016 in Birmingham, UK. They have partecipated in all the project relevant activites:

2. Two members of the European funds office team attended the bootcamp in Liepaja, where they got familiar with the on site assessment and the Opera methodologies. They participated in all the team building/ site visit activities sharing the good practises of the Municipality of Rieti and learning from the ones of the partners and experts invited to the meeting.

3. Three members of Rieti Municipality (1 official of European funds office and 2 political representative) attended the Meeting, organised in march 2017 in Horten, Norway. They have partecipated in all the project relevant activities.

4. Two members of Rieti Municipality (1 official of European funds office and 1 political representative) attended the Meeting, organised in march 2017 in Sibenik, Croatia. They have partecipated in all the project relevant activities

5. Four members of Rieti Municipality (2 official of European funds office, 1 political representative an 1 project manager) attended the Final Meeting organized in march 2018 in Loulè, Portougal. They have partecipated in all the project relevant activities getting the Vital cities network's Certificate.

Municipality of Rieti has organised 16 ULG meetings in 2016/2018 period to:

- Start up an heterogeneous experts and stakeholders ULG core group;
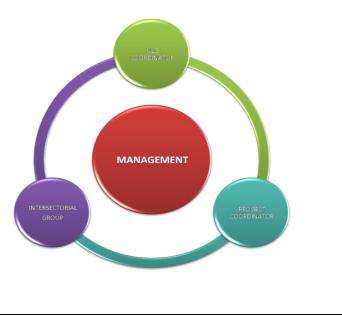
- Start up 5 thematic tables to split the work in topics relevant for the city;

- Set up of the self analisy report process with field experts and intersectorial municipality team;

- Involvement of our good practises as case studies for new initiatives

Formally ULG members were:

Female: 11 / Male: 15

7. Good practices identified and used in preparing the IAP

The Lead Expert has synthetized the descriptions on project level in an Inventory of Good Practices, listing the good practices, tools and initiatives that has been founded through UlG meetings. As a basis for exchange and learning, the transferability and replicability of the selected practices has been explored. The Inventory of Good Practices has been presented and discussed in details at the Kick-off meeting of Rieti, and used during the Match-making Workshop, outlining the composition of the visiting Deep Dive Expert Teams. Many important sport events, involving a big part of young population, are held within the Mun sport facilities.

For example:

- International Meeting of Athletics (45 editions);
- Juniors European Championship of Athletics (year 2013);
- European Championship of gliders;
- Football National Championship.

Furthermore, many actions have been implemented to promote wellness and outdoor activities : the urban bike-sharing service operated by the Youth Information Service of the City, bicycle routes that stretch from the city center to the province with fitness trails along the banks of the river Velino, a trekking maps, extensive sports facilities. To raise public attention to such matters every year are organized a series of promotional events such as: "Cycling in the city", "Spring Marathon", "International Meeting of Athletics" now in its, "Bruno Carotti Cup "(famous race of machines Rieti-Terminillo at the 52 edition)," Festival of the Sun "(canoe and tub race in the river Velino at the 47 edition), in addition to tours organized by CAI (Italian Alpine Club). In this frame RM initiated participatory management of green areas, developing first a municipal regulation and then a call to citizenship. The project involves the planning of 40 hectares of green space for creating a symbiosis
between the green and the city. This triggered a virtuous cycle of public-private management of green areas and public parks are intended for activities ludo-sports and leisure. Another important milestone has been with the "Plans Local Sustainable Development" (ERDF 2007-2013) with which the administration has taken steps to upgrade the historical center that include thematic tours of augmented reality for the use of artistic heritage of the city and paths for the blind.

"The Festival of the Sun", an important civic celebration that involves all the citizens of the city since 46 years during the spring time. It foresees sports and folklore as co-protagonist of the Velino. The river is the center of gravity and historical and cultural landscape: few cities can boast a river so rich in water and nature flowing through the city center. For this reason the Festival of the Sun is above all a tribute of the city to the river. Velino, in fact, each year is the scene of numerous races where city ancient quarters challenge each other. The prominent event of the festival is the "Palio della Tinozza" where the representatives of the districts compete along about 800 meters of the river in large tubs (the so called "Tinozza") thus challenging the pitfalls of current and the fierce opponents. Around the "Palio della Tinozza" were born other events like the "parade in costume", where nine representatives of city neighborhoods dress up in traditional costumes and accompanying solemnly in the town square the Barroccio, a typical wagon usually used to transport the tubs, which is festively decorated for the occasion. The other events of the festival are the Night Marathon in ancient costumes running through the streets of the old town of Rieti; the Duel of the pole that is held on a wooden walkway from which competitors, pulling shots front at chest height, must be fall into the water opponents, Racing Bikes, which takes place on the river, and the Swimming race that, like other aquatic competitions, arouses the interest of the large and warm audience. Furthermore, exhibitions of painting, photography and crafts, shows and a literary prize are held in the week of festivities, to enhance the creativity and local folklore.

Other two important best practises within the framework of a new vision of the city able of putting at the centre the welfare and quality of life are the project "City of the children", that is leaded by Italian Centre National of Research (CNR) with Spain, Mexico, Columbia and Italy and the annual International initiative "Rieti dance festival" (16th edition) that foresees events inside the main squares of the city and in the theatre.

Programmes under planning in IAP:

1.   within the PLUS project, it has been developed a "Plan accompanying Social" (PAS) (intervention unfunded) in order to fasten the implementation of retraining infrastructural interventions of some parts of the city in a transformation process of social renewal . To counteract the thinning of the downtown with new activities, the PAS, according imprint structured multidisciplinary, provided for the activation of different types of actions related to the promotion of local development:

- services Personal Social: through the opening of an agency for social development in Rieti,
– Promotion of local events: to spread a new culture of focusing on the themes of sustainability and active citizenship;
– Support of training activities on issues related to environmental education, social issues, cultural and tourism.
– Finally, the development of a project for the circular economy presented under the LIFE program to promote a quality food chain and the activation of virtuous circles between the rural and urban areas can provide an additional argument of discussion in the promotion of a strategy for the promotion of healthy lifestyles that are also attractors of economic resources.
– RM, in response to a national call of the Ministry of Infrastructure for the submission of proposals for the preparation of the national plan for the redevelopment of social and cultural development of urban areas, is developing a local plan of redevelopment that foresees interventions of regeneration of a part of city nearby the historical centre, consisting of an area equipped for sports and social inclusion of young people with a broad partnership (schools, chamber of commerce, businesses, etc.).

2. To development the target area the administration has signed an agreement whith Italian State " APQ-Rieti 2020)

3. To development circulary economy the administration start up an APEA area whith Lazio Region

4. To development lifestyles and health the administration will organise events in the city of Rieti to promote sport

5. To development mobility and link suburba areas the administration will realized in pedestrian and byke way, promoting byke sharing and car sharing whith modern app and whit the support of ASM .

8.   Method used in the preparation of the IAP

The ULG are divided in 5 tematic tables:

TABLE 1: NUTRITION AND PHYSICAL ACTIVITY FOR HEALT

TABLE 2 : URBAN LAYOUT AND PLANNING

TABLE 3 : SUSTAINABLE MOBILITY   AND ENVIRONMENT

TABLE 4 : SPORT, WELNESS AND INITIATIVES

TABLE 5 : «RIETI CHILDREN FRIENDLY CITY»

The core group identified challenges and leaks in the relevant fields of the members partecipating , then each one worked individually on the reporting of specific topics with the support of the management team. In the meantime, the transectorial Municipality team full filled the missing information. The self-analysis report is the result of the aggregations of all these state of art specific researches, led by experienced professionals and policy makers, and has been elaborated and harmonized by the management team. Activities carried out in events were: - ULG training (moderation and facilitation skills), and IAP development;

    - Thematic workshops and master classes delivered by Ad-Hoc experts, in line with the learning needs of the Partners, steering Group meeting ;

    - Training on the Self-analysis tool for Project Coordinators and ULG Coordinators;

    - Training for the Deep Dive Experts and ULG Coordinators on the Deep Dive methodology;

    - Match-making workshop: presentation of the inventory of good practices.

9. What do you want to achieve?

The ULG meetings have defined the strategic goal of IAP :

Table 1
1. PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS
2. PROMOTION OF HEALTHY FOOD BEHAVIOUR

Table 2
1. PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF   URBAN AND TERRITORIAL POTENTIALS
2. IMPROVING THE ENVIRONMENTAL QUALITY OF PUBLIC SPACES

Table 3
1. REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY
2. REDUCE AIR POLLUTION
3. REDUCE WASTE PRODUCTION

Table 4
1. INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY
2. TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT

Table 5
1. FIGHTING NEGATIVE SOCIAL PHENOMENA (ex: Cyberbullying)
2. TEACH THE IMPORTANCE OF PHYSICAL ACTIVITY TO THE YOUNGER SECTIONS OF POPULATION
3. COMBAT THE RISK OF SUBSTANCE ABUSE IN ADOLESCENT AGE
4. REDEFINE THE CITY ACCORDING TO THE IMMAGINATION OF CHILDREN

THE FIVE FOCUS GROUPS HAS ALLOWED TO DEFINE AN INTEGRATED ACTION PLAN (IAP) AND THE FOUR PRIORITY ACTIONS WITH THE EQUIPMENT NECESSARY TO START UP THE PROJECTS:

Action 1 : Local public transport enhancement to bring the farthest suburbs (Urban Innovative Actions – European Commission Funds) ;

Action 2 : Equip the green areas of the city freely available space for the practice of the most popular sports (Interreg Med programme 2014/2020 – European Commission Funds) ;

Action 3 : Initiate coordinated programs of food and wine events for the promotion of local products (Interreg Med programme 2014/2020 – European Commission Funds);

Action 4 : Cut a deal with Italian State to value Velino's park and the near historical center (APQ RIETI 2020 – Italian State Funds).

10. Integrated Action Plan

Identified problems/ Definition of issues to be tackled_ **Table 1**	Aim to achieve	Planned activities	Activities to be linked with (to ensure integration)	Target group/s	Timeframe of the activity/ frequency of the activity	Organisation in charge of coordination	Organisation in charge of implementation	Type of financing &estimated amount (EUR)	Result indicator	Output indicator
Urgent/Immediate interventions: - Deadline	**31/12/17**	**31/12/17**								
Social environment	*NUTRITION AND PHYSICAL ACTIVITY FOR HEALT*	APQ Rieti 2020								
PROMOTION OF HEALTHY FOOD BEHAVIOUR	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 l	Type fraction N / Citizens	Ratio
	1. Food corner	Planned	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	5 K €	Number of contacts/ C.	0,1
	2. Rieti in shape	First event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Health day	First event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	15 k €	Number of competitors/ C.	0,01
	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	editing	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	10 k €	Number of page	100
	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	5 k €	Number of ULG	10

Built environment	*NUTRITION AND PHYSICAL ACTIVITY FOR HEALT*	APQ Rieti 2020									
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Park Live	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of visitors	5000
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Zero kilometer market	Infrastructures	Agriculturas operators	All Citizens	week	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	500
	2.Entertainment	event	Cultural operators	Senior citizens	Week end	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	200
Short term interventions: - Deadline	**31/12/18**	**31/12/18**								
Social environment	*NUTRITION AND PHYSICAL ACTIVITY FOR HEALT*	APQ Rieti 2020								
PROMOTION OF HEALTHY FOOD BEHAVIOUR	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Type fraction N / Citizens	Ratio
	1. Food corner	Call for tenders	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	25 K €	Number of contacts/ C.	0,1
	2. Rieti in shape	Second event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Health day	Second event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	15 k €	Number of competitors/ C.	0,01

PROMOTION OF HEALTHY FOOD BEHAVIOUR	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	1 k €	Number of copy	1000
	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment										
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Park Live	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of visitors	5000
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Zero kilometer market	Infrastructures	Agriculturas operators	All Citizens	week	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	750
	2.Entertainment	event	Cultural operators	Senior citizens	Week end	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	350
Mid-term interventions: - Deadline	**31/12/19**	**31/12/19**								
Social environment	*NUTRITION AND PHYSICAL ACTIVITY FOR HEALT*	APQ Rieti 2020								
PROMOTION OF HEALTHY FOOD BEHAVIOUR	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Type fraction N / Citizens	Ratio

	1. Food corner	Execution	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	25 K €	Number of contacts/ C.	0,1
	2. Rieti in shape	Third event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Health day	Third event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	15 k €	Number of competitors/ C.	0,01
PROMOTION OF HEALTHY FOOD BEHAVIOUR	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	1 k €	Number of copy	1000
	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment										
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Park Live	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of visitors	5000
PROMOTION OF ACTIVE MOVEMENT FOR ALL POPULATION GROUPS	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	public	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Zero kilometer market	Infrastructures	Agriculturas operators	All Citizens	week	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	750
	2.Entertainment	event	Cultural operators	Senior citizens	Week end	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	350

Identified problems/ Definition of issues to be tackled_ **Table 2**	Aim to achieve	Planned activities	Activities to be linked with (to ensure integ-ration)	Target group/s	Timeframe of the activity/ frequency of the activity	Organisation in charge of coordination	Organisation in charge of implementation	Type of financing &estimated amount (EUR)	Result indicator	Output indicator
Urgent/Immediate interventions: - Deadline	*31/12/17*	*31/12/17*								
Social environment	*URBAN LAYOUT AND PLANNING*	APQ Rieti 2020								
PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. URP europa	Planned	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	3 K €	Number of contacts/ C.	0,05
	2. Rieccoci APP	Planned	Network school	Young people	annual	Rieti Municipality	Industrial consortium	1,5 k €	Number of visitatators / C.	0,01
	3. Vital cites LOGO	Promotion	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	5 k €	Number of contact/ C.	0,1
PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. APQ Rieti 2020	planned	Rieti Municipality	All citizens	annual	Italian State	Rieti Municipality	10 k €	Total investiment	20 Million €
	2. Focus group	ULG	Rieti Municipality	All citizens	annual	Rieti Municipality	Rieti Municipality	5 k €	Number of ULG	10

Built environment	*URBAN LAYOUT AND PLANNING*	APQ Rieti 2020								
Improving the enviromental quality of public spaces	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Velino'Park	Planned	Rieti Municipality	All citizens	annual	Italian State	Rieti Municipality	40 k €	Number of visitors	5000
Improving the enviromental quality of public spaces	Improve facilities	Type activities	To be linked with	Citizens	annual	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Redevelopment of public spaces	Infrastructures	Rieti Municipality	All citizens	annual	Rieti Municipality	Rieti Municipality	20 k€	Number of project	10
	2.APEA	planned	Industrial operators	SME	annual	Rieti Municipality	Industrial consortium	12 k €	Number of SME	20
Short term interventions: - Deadline	**31/12/18**	**31/12/18**								
Social environment	*URBAN LAYOUT AND PLANNING*	APQ Rieti 2020								
PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Type fraction N / Citizens	Ratio
	1. URP europa	Call for tenders	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	30 K €	Number of contacts/ C.	0,05
	2. Rieccoci APP	Start up	Network school	Young people	annual	Rieti Municipality	Industrial consortium	15 k €	Number of visitatators / C.	0,01
	3. Vital cites LOGO	Promotion	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	5 k €	Number of contact/ C.	0,1
PROMOTING THE CULTURE	Improve Social	Type activities								

OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS	Inclusion		To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. APQ Rieti 2020	Call for tender	Rieti Municipality	All citizens	annual	Italian State	Rieti Municipality	10 milion €	Total investiment	20 Million €
	2. Focus group	ULG	Rieti Municipality	All citizens	annual	Rieti Municipality	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment										
Improving the enviromental quality of public spaces	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Velino's Park	Call for tender	Rieti Municipality	All citizens	annual	Italian State	Rieti Municipality	5 milion €	Number of visitors	5000
Improving the enviromental quality of public spaces	Improve facilities	Type activities	To be linked with	Citizens	annual	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Redevelopment of public spaces	Cal for tender	Rieti Municipality	All citizens	annual	Rieti Municipality	Rieti Municipality	6 milion €	Number of project	10
	2.APEA	Call for tender	Industrial operators	SME	annual	Rieti Municipality	Industrial consortium	500 k €	Number of SME	20
Mid-term interventions: - Deadline	**31/12/19**	**31/12/19**								
Social environment	*URBAN LAYOUT AND PLANNING*	APQ Rieti 2020								
PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Type fraction N / Citizens	Ratio

		1. URP europa	Execution	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	30 K €	Number of contacts/ C.	0,1
		2. Rieccoci APP	Set up	Network school	Young people	annual	Rieti Municipality	Industrial consortium	15 k €	Number of competitors / C.	0,01
		3. Vital cites LOGO	Promotion	Rieti Municipality	All citizen	annual	Rieti Municipality	Rieti Municipality	15 k €	Number of competitors/ C.	0,01
PROMOTING THE CULTURE OF HEALTHY LIVING TROUGH THE EXPLOITATION OF URBAN AND TERRITORIAL POTENTIALS		Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
		1. APQ Rieti 2020	promotion	Rieti Municipality	All citizens	annual	Italian State	Rieti Municipality	10 milion €	Total investiment	20 Million €
		2. Focus group	ULG	Rieti Municipality	All citizens	annual	Rieti Municipality	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment											
	Improving the enviromental quality of public spaces	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
		1. Velino's Park	Execution		Young people	annual	ASL Rieti	Rieti Municipality	5 milion €	Number of visitors	5000
	Improving the enviromental quality of public spaces	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020	Integer	integer
		1. Redevelopment of public spaces	Infrastructures	Agriculturas operators	All Citizens	week	Rieti Municipality	Rieti Municipality	6 milion €	Number of project	10
		2.APEA	event	Cultural operators	Senior citizens	Week end	Rieti Municipality	Rieti Municipality	500 k €	Number of SME	20

Identified problems/ Definition of issues to be tackled_ **Table 3**	Aim to achieve	Planned activities	Activities to be linked with (to ensure integ-ration)	Target group/s	Timeframe of the activity/ frequency of the activity	Organisation in charge of coordination	Organisation in charge of implementation	Type of financing &estimated amount (EUR)	Result indicator	Output indicator
Urgent/Immediate interventions: - Deadline	**31/12/17**	**31/12/17**								
Social environment	*SUSTAINABLE MOBILITY AND ENVIRONMENT*	APQ Rieti 2020								
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. Bike sharing App	Planned	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	3 K €	Number of contacts/ C.	0,01
	2. car sharing APP	Planned	ASM Rieti	All citizens	annual	Rieti Municipality	ASM Rieti	3 k €	Number of contacts / C.	0
	3. Mobility day	First event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	5 k €	Number of visitators/ C.	0,01
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	editing	CNR	Young people	annual	CNR	ASM Rieti	10 k €	Number of page	100
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	5 k €	Number of ULG	10
Built environment	*SUSTAINABLE MOBILITY AND ENVIRONMENT*	APQ Rieti 2020								

REDUCE AIR POLLUTION	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Bicycle Lane	planned	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	50 k €	Kilometers made	5000
REDUCE WASTE PRODUCTION	Improve facilities	Type activities	To be linked with	Citizens	annual	pubblic	pubblic	APQ Rieti 2020	Ratio recycling / total waste	Ratio
	1. Recycling	planned	Asm Rieti	All Citizens	annual	Rieti Municipality	Rieti Municipality	60 k€	%	> 65 %
	2.Protect the environment	planned	Cultural operators	Senior citizens	annual	Rieti Municipality	Rieti Municipality	10 k €	Number of visitors / citizens	0,1
Short term interventions: - Deadline	**31/12/18**	**31/12/18**								
Social environment	*SUSTAINABLE MOBILITY AND ENVIRONMENT*	APQ Rieti 2020								
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Type fraction N / Citizens	Ratio
	1. Bike sharing App	Call for tenders	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	15 K €	Number of contacts/ C.	0,1
	2. car sharing APP	Call for tenders	ASM Rieti	All citizens	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Mobility day	Second event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	5 k €	Number of competitors/ C.	0,01
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	CNR	Young people	annual	CNR	ASM Rieti	1 k €	Number of copy	1000
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	2,5 k €	Number of ULG	5

Built environment	SUSTAINABLE MOBILITY AND ENVIRONMENT										
REDUCE AIR POLLUTION	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Integer	integer
	1. Bicycle Lane	Call for tender	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	500 k €	Kilometers made	5000
REDUCE WASTE PRODUCTION	Improve facilities	Type activities	To be linked with	Citizens	annual	pubblic	pubblic	APQ Rieti 2020	Ratio recycling / total waste	Ratio
	1. Recycling	Call for tender	Asm Rieti	All Citizens	annual	Rieti Municipality	Rieti Municipality	600 k€	%	> 65 %
	2. Protect the environment	First event	Cultural operators	Senior citizens	annual	Rieti Municipality	Rieti Municipality	10 k €	Number of visitors / citizens	0,1
Mid-term interventions: - Deadline	**31/12/19**	**31/12/19**								
Social environment	SUSTAINABLE MOBILITY AND ENVIRONMENT	APQ Rieti 2020								
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Create inclusive governance structures	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Type fraction N / Citizens	Ratio
	1. Bike sharing App	Execution	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	15 K €	Number of contacts/ C.	0,1
	2. car sharing APP	Execution	ASM Rieti	All citizens	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Mobility day	Third event	ASL Rieti	Senior citizens	annual	Rieti Municipality	ASL Rieti	5 k €	Number of competitors/ C.	0,01
REDUCE CAR USAGE FACILITATING SUSTAINABLE FORMS OF MOBILITY	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer

	1. Research	promotion	CNR	Young people	annual	CNR	ASM Rieti	1 k €	Number of copy	1000
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	2,5 k €	Number of ULG	5
Built environment	*SUSTAINABLE MOBILITY AND ENVIRONMENT*									
REDUCE AIR POLLUTION	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Innovative Urban Action	Integer	integer
REDUCE WASTE PRODUCTION	1. Bicycle Lane	Execution	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	500 k €	Kilometers made	5000
	Improve facilities	Type activities	To be linked with	Citizens	annual	pubblic	pubblic	APQ Rieti 2020	Ratio recycling / total waste	Ratio
	1. Recycling	Execution	Asm Rieti	All Citizens	annual	Rieti Municipality	Rieti Municipality	600 k€	%	> 65 %
	2. Protect the environment	Second event	Cultural operators	Senior citizens	annual	Rieti Municipality	Rieti Municipality	10 k €	Number of visitors / citizens	0,1

Identified problems/ Definition of issues to be tackled_ **Table 4**	Aim to achieve	Planned activities	Activities to be linked with (to ensure integ-ration)	Target group/s	Timeframe of the activity/ frequency of the activity	Organisation in charge of coordination	Organisation in charge of implementation	Type of financing &estimated amount (EUR)	Result indicator	Output indicator
Urgent/Immediate interventions: - Deadline	**31/12/17**	**31/12/17**								
Social environment	*SPORT, WELNESS AND INITIATIVES*	APQ Rieti 2020								
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. Students European 2020	Planned	Rieti Municipality	All citizen	Rieti - 2020	Rieti Municipality	Rieti Municipality	5 K €	Number of visitor / C.	0,1
	2. Rieti Fit	First event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Athletics meeting	First event	Rieti Municipality	Senior citizens	annual	Rieti Municipality	Rieti Municipality	35 k €	Number of competitors/ C.	0,01
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	editing	Sabina Universitas	Young people	annual	Sabina Universitas	ASL Rieti	10 k €	Number of page	100
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	5 k €	Number of ULG	10

Built environment	SPORT, WELNESS AND INITIATIVES	APQ Rieti 2020									
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Sport city	planned	Rieti Municipality	Young people	annual	ASL Rieti	Rieti Municipality	6 k €	Number of project	5
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY	Improve facilities	Type activities	To be linked with	Citizens	annuale	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Urban Sport park	planned	Rieti Municipality	All Citizens	annuale	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors	5000
	2.Swimming park	planned	Rieti Municipality	Senior citizens	annuale	Rieti Municipality	Rieti Municipality	6 k €	Number of visitors	2000
Short term interventions: - Deadline	**31/12/18**	**31/12/18**								
Social environment	SPORT, WELNESS AND INITIATIVES	APQ Rieti 2020								
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Type fraction N / Citizens	Ratio

	1. Students European 2020	Start up	Rieti Municipality	All citizen	Rieti - 2020	Rieti Municipality	Rieti Municipality	15 K €	Number of visitor / C.	0,1
	2. Rieti Fit	Second event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Athletics meeting	second event	Rieti Municipality	Senior citizens	annual	Rieti Municipality	Rieti Municipality	35 k €	Number of competitors/ C.	0,01
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	Sabina Universitas	Young people	annual	Sabina Universitas	ASL Rieti	1 k €	Number of copy	1000
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	2,5 k €	Number of ULG	5
Built environment	*SPORT, WELNESS AND INITIATIVES*									
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Sport city	Call for tender	Rieti Municipality	Young people	annual	ASL Rieti	Rieti Municipality	600 k €	Number of project	5
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY	Improve facilities	Type activities	To be linked with	Citizens	annuale	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Urban Sport park	Call for tender	Rieti Municipality	All Citizens	annuale	Rieti Municipality	Rieti Municipality	60 k€	Number of visitors	5000
	2.Swimming park	Call for tender	Rieti Municipality	Senior citizens	annuale	Rieti Municipality	Rieti Municipality	60 k €	Number of visitors	2000

Mid-term interventions: - Deadline	**31/12/19**	**31/12/19**								
Social environment	*SPORT, WELNESS AND INITIATIVES*	APQ Rieti 2020								
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Type fraction N / Citizens	Ratio
	1. Students European 2020	Promotion	Rieti Municipality	All citizen	Rieti - 2020	Rieti Municipality	Rieti Municipality	50 K €	Number of visitor / C.	0,1
	2. Rieti Fit	Third event	ASM Rieti	Young people	annual	Rieti Municipality	ASM Rieti	15 k €	Number of competitors / C.	0,01
	3. Athletics meeting	Third event	Rieti Municipality	Senior citizens	annual	Rieti Municipality	Rieti Municipality	35 k €	Number of competitors/ C.	0,01
TO GAIN THE CONCEPT AND THE IMPORTANCE OF PHYSICAL ACTIVITY BEYOND THE TRADITIONAL SPORT	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	Sabina Universitas	Young people	annual	Sabina Universitas	ASL Rieti	1 k €	Number of copy	1000
	2. Focus group	ULG	ASM Rieti	All citizens	annual	ASM Rieti	ASM Rieti Municipality	2,5 k €	Number of ULG	5
Built environment	*SPORT, WELNESS AND INITIATIVES*									
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer

ACTIVITY										
	1. Sport city	Execution	Rieti Municipality	Young people	annual	ASL Rieti	Rieti Municipality	600 k €	Number of project	5
INCREASE THE NUMBER OF PEOPLE THAT PRACTICE SPORT OR PHYSICAL ACTIVITY	Improve facilities	Type activities	To be linked with	Citizens	annuale	pubblic	pubblic	APQ Rieti 2020 Interreg med programme 2014/2020	Integer	integer
	1. Urban Sport park	Execution	Rieti Municipality	All Citizens	annuale	Rieti Municipality	Rieti Municipality	60 k€	Number of visitors	5000
	2.Swimming park	Execution	Rieti Municipality	Senior citizens	annuale	Rieti Municipality	Rieti Municipality	60 k €	Number of visitors	2000

Identified problems/ Definition of issues to be tackled_ **Table 5**	Aim to achieve	Planned activities	Activities to be linked with (to ensure integ- ration)	Target group/s	Timeframe of the activity/ frequency of the activity	Organisati on in charge of coordinati on	Organisatio n in charge of implementa tion	Type of financing &estimated amount (EUR)	Result indicator	Output indicator
Urgent/Immediate interventions: - Deadline	**31/12/17**	**31/12/17**								
Social environment	*«RIETI CHILDREN FRIENDLY CITY»*	APQ Rieti 2020								
TEACH THE IMPORTANCE OF PHYSICAL ACTIVITY TO THE YOUNGER SECTIONS OF POPULATION	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. ready set go	First event	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	5 K €	Number of contacts/ C.	0,1
	2. At school by bike	First event	Rieti Municipality	Young people	annual	Rieti Municipality	ASM Rieti	5 k €	Number of competitors / C.	0,01
	3. Velino's live	First event	Rieti Municipality	Young people	annual	Rieti Municipality	ASL Rieti	5 k €	Number of competitors/ C.	0,01
COMBAT THE RISK OF SUBSTANCE ABUSE IN ADOLESCENT AGE	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	editing	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	10 k €	Number of page	100
	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	5 k €	Number of ULG	10
Built environment	*«RIETI CHILDREN FRIENDLY CITY»*	APQ Rieti 2020								
REDEFINE THE CITY	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer

ACCORDING TO THE IMMAGINATION OF CHILDREN										
	1. Gimnastics without walls	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of competitors	500
FIGHTING NEGATIVE SOCIAL PHENOMENA (ex: Cyberbullying)	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Zero Cyberbullying	First event	School network	Young people	annual	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	1500
	2.Entertainment	First event	Cultural operators	Young people	annual	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	1200
Short term interventions: - Deadline	**31/12/18**	**31/12/18**								
Social environment	*«RIETI CHILDREN FRIENDLY CITY»*	APQ Rieti 2020								
TEACH THE IMPORTANCE OF PHYSICAL ACTIVITY TO THE YOUNGER SECTIONS OF POPULATION	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. ready set go	second event	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	5 K €	Number of contacts/ C.	0,1
	2. At school by bike	second event	Rieti Municipality	Young people	annual	Rieti Municipality	ASM Rieti	5 k €	Number of competitors / C.	0,01
	3. Velino's live	second event	Rieti Municipality	Young people	annual	Rieti Municipality	ASL Rieti	5 k €	Number of competitors/ C.	0,01
COMBAT THE RISK OF SUBSTANCE ABUSE IN ADOLESCENT AGE	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	1 k €	Number of page	100

	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment	*«RIETI CHILDREN FRIENDLY CITY»*	APQ Rieti 2020								
REDEFINE THE CITY ACCORDING TO THE IMMAGINATION OF CHILDREN	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Gimnastics without walls	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of competitors	500
FIGHTING NEGATIVE SOCIAL PHENOMENA (ex: Cyberbullying)	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Zero Cyberbullying	second event	School network	Young people	annual	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	1500
	2.Entertainment	second event	Cultural operators	Young people	annual	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	1200
Mid-term interventions: - Deadline	**31/12/19**	**31/12/19**								
Social environment	*NUTRITION AND PHYSICAL ACTIVITY FOR HEALT*	APQ Rieti 2020								
TEACH THE IMPORTANCE OF PHYSICAL ACTIVITY TO THE YOUNGER SECTIONS OF POPULATION	Create inclusive governance structure	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Type fraction N / Citizens	Ratio
	1. ready set go	third event	Rieti Municipality	Young people	annual	Rieti Municipality	Rieti Municipality	5 K €	Number of contacts/ C.	0,1
	2. At school by bike	third event	Rieti Municipality	Young people	annual	Rieti Municipality	ASM Rieti	5 k €	Number of competitors / C.	0,01
	3. Velino's live	third event	Rieti	Young people	annual	Rieti	ASL Rieti	5 k €	Number of	0,01

			Municipality			Municipality			competitors/ C.	
COMBAT THE RISK OF SUBSTANCE ABUSE IN ADOLESCENT AGE	Improve Social Inclusion	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Research	promotion	School / ASL	Young people	annual	ASL Rieti	Sabina universitas	1 k €	Number of page	100
	2. Focus group	ULG	ASL Rieti	All citizens	annual	ASL Rieti	Rieti Municipality	2,5 k €	Number of ULG	5
Built environment	*«RIETI CHILDREN FRIENDLY CITY»*	APQ Rieti 2020								
REDEFINE THE CITY ACCORDING TO THE IMMAGINATION OF CHILDREN	Refurbish public space	Type activities	To be linked with	Citizens	1 year	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Gimnastics without walls	Animation	School network	Young people	annual	ASL Rieti	Rieti Municipality	5 k €	Number of competitors	500
FIGHTING NEGATIVE SOCIAL PHENOMENA (ex: Cyberbullying)	Improve facilities	Type activities	To be linked with	Citizens	1 week	pubblic	pubblic	APQ Rieti 2020	Integer	integer
	1. Zero Cyberbullying	third event	School network	Young people	annual	Rieti Municipality	Rieti Municipality	6 k€	Number of visitors / Week	1500
	2.Entertainment	third event	Cultural operators	Young people	annual	Rieti Municipality	Rieti Municipality	12 k €	Number of visitors / Week	1200

11. Monitoring the implementation of IAP

The method most commonly followed in order to build synthetic indicators based on data is the average power of order K and can be summarized in the following phases:

1) construction of basic indicators. The availability of basic statistics course, affects both the detail of the infrastructure categories to quantify both the level of the land areas to be taken into account;

2) standardization of basic indicators. Proceed to the standardization of basic indicators, a task that is usually done by relating the basic indicators to a cash consists of the land surface area involved (infrastructure "network" or serving space) or the community (indicators "point" or population serving

3) standardization of normalized. One of the methods used for this purpose is to relate, in the same category, the normalized area of each unit to the maximum value of the series, thereby achieving the same amplitude scale (between 0 and 1, l ' in fact, or between 0 and 100, as is commonly done) and then the immediate comparability between the indicators considered;

4) 4) aggregation of standardized indicators. The most usual procedure is to resort to some form of media, often identified in the arithmetic mean for the aggregation of elementary indicators within a 16 main category and the geometric average for the synthesis of the major categories. The use of two different medium to assume implicitly that there is some substitutability between the basic categories in the same category, and rather less substitutability between the main categories which determine the overall summary index.

The results obtained by processing data generated by the matrix of spatial performance, complemented by the dashboard of indicators selected from Rieti Municipality's team could be used monitoring IAP and has been presented from Project Manager Maurizio Turina, PhD at the annual conferences ERSA in Barcellona - Spain (2011) and Lisbon – Portugal (2015). This indicator could be a demonstration of the attractiveness in the areas and difference between result indicators and output indicatore could been valued as an indicator of monitoring IAP.

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