



Urban Sports and NBS

Public Space Re-Generation for healthier and greener cities

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Sport Based Solutions in urban regeneration

more inclusive, more active
and greener cities co designed
with and for youngsters

Contents

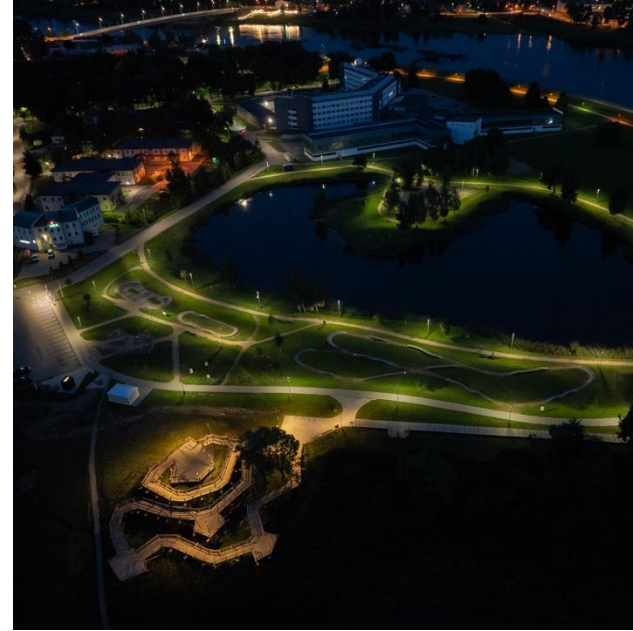
- **Greening the City through Sport-based Urban Regeneration**
- **Sport as a driver for sustainable, inclusive, and green cities**
- **Why Re-Gen connects youth, sport, and ecological transition**
- **Urban Sport Hubs as multifunctional spaces: sport + community + nature**

Why Sport = Greening

- **Multi-functionality:** spaces designed for sport integrate green infrastructure (trees, shade, permeable pavements, biodiversity areas).
- **Health & Sustainability:** active mobility (walking, cycling, parkour) reduces sedentary lifestyles and CO₂ emissions.
- **Community stewardship:** young people co-design and co-manage spaces, embedding environmental awareness and green practices

Few, but meaningful examples

Best practices and testing actions



Daugavpils (Latvia) The Esplanade park

From abandoned wetland, to multifunctional park.

Features: bathing lake, wooden bike park, skatepark, outdoor gym, running & walking trails [\[links you shared\]](#) .

Result: nature restoration + sport facilities = eco-friendly urban hub, already studied as a good practice by the partnership.

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Dobrich (Bulgaria): Urban Park

city's large urban park, already under redevelopment into the biggest skatepark in Bulgaria, with:

Four themed lakes (boating, bird-watching, music, natural ice skating).

Rock stage, serpentine water cascade with flower gardens.

Ornamental vegetation, magnolias, cedars, water lilies.

New sports and recreational facilities, including the largest skatepark in the country.



Dobrich (Bulgaria): The Green Apple Parks

Abandoned area between schools and social housing, neglected since the 1980s.

Young people and the ULG proposed to transform it into an urban park for sports, culture, and events.

Concept: its apple-shaped layout
→ “Apple Park”, a symbol of community, sustainability, and circularity.

From “sense of place” to a green regeneration project: street sports + eco-education + cultural spaces.





Corfu (Greece) : the PRISON PARK

being regenerated into
an urban forest, designed as a
multifunctional green hub.

Nature becomes both
an ecosystemic and cultural
service:

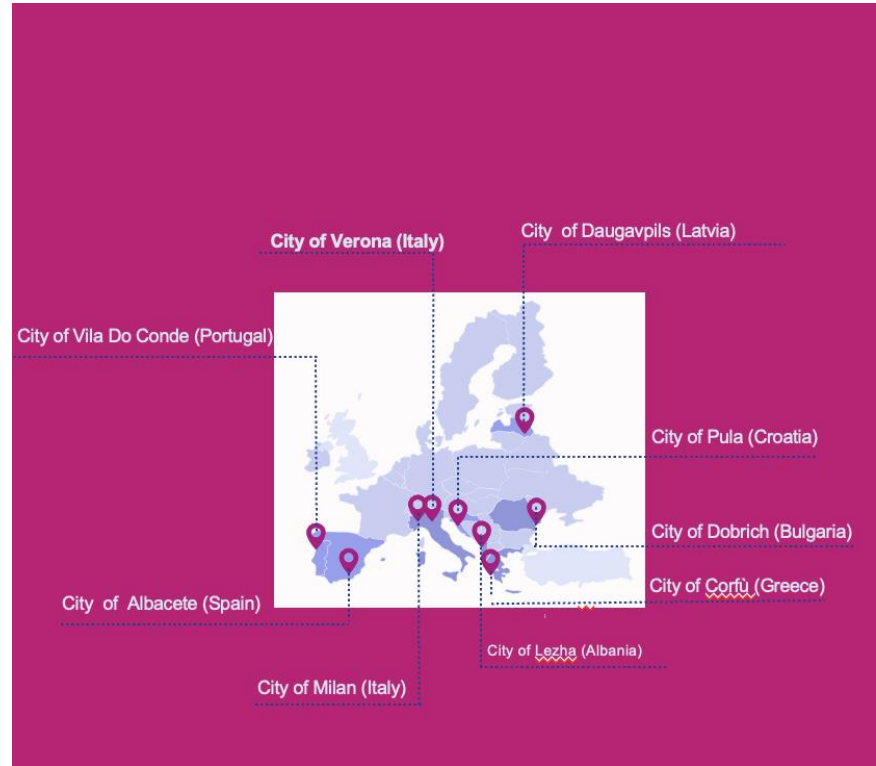
A place for youth aggregation,
sport, and social inclusion.

A health-promoting
environment for residents and
visitors.

A climate-friendly space that
improves urban resilience and
well-being.



Sport youngsters for public space regeneration and to greennig the city



9 cities are developing Sport based solutions and
greeing the city

THANK [u] FOR YOUR ATTENTION

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