



**My city, my health**

# **Participatory workshop**

Tell us how you use your  
neighborhood or city to stay healthy.

What does a day in your life look like?  
Tell us about your experiences and  
what you would like to change.

The participatory workshop was designed by UnDesignUnit for the Department of Health and its regional forums. The data will be evaluated anonymously. Findings will be incorporated into the One Health study and the City of Munich's health guidelines.

