

This tool was created within the scope of the One Health 4 Cities network (2023-2025). The [One Health 4 Cities Network](#) aims to promote the integration of the One Health approach into urban strategies and projects. It develops tools that empower decision-makers and operational teams to increase the positive impact of urban projects on the well-being and health of people, animals and the environment.

One Health 4 Cities is co-funded and supported by the EU through the URBACT IV programme - 2021-2027.

You can access the [Essential Guidebook for City Makers](#) and full [Toolbox](#), via the link below:



[http://urbact.eu/networks/  
one-health-4-cities](http://urbact.eu/networks/one-health-4-cities)

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# The Wheel of One Health Challenges



One Health 4 Cities

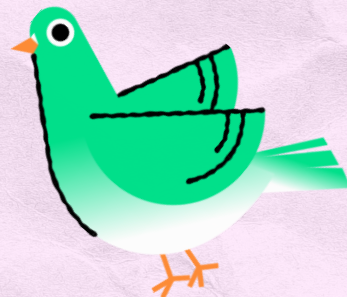


# Objectives

The **Wheel of One Health Challenges** is an interactive tool designed to engage the public in exploring the connections between human, animal, plant, and environmental health and propose solutions.

Through 12 everyday challenges, such as light pollution, waste management, and vector-borne diseases, participants:

1. **Explore the One Health challenge;**
2. **Understand** its benefits and risks across health domains;
3. **Propose** concrete actions that can promote the health of all living beings and the environment.



# Instructions

This tool is flexible! Everyone is welcome to adapt it and use the challenges in whatever way best fits their purpose. The tool works for one person at the time or for small groups (up to 8).

Here is one suggested way to use the tool:

## 1. Spin the wheel and discover

- Read the corresponding card to discover about your challenge.
- Reflect and discuss the challenge.

## 2. Propose actions

- Individually or as a team, propose actions or solutions to address the challenge, keeping in mind the health of all living beings and the environment.
- Solutions can be small or big, personal or community-level - every idea counts!

➡ Continue with the next spin, discovering new challenges and building a collection of solutions for healthier, more sustainable cities and communities.